TOOTGAROOK PRIMARY SCHOOL'S NEWSLETTER



Term 1



Thursday 11th March

NEWSLETTER







Dear Tootgarook Families,

Student Assemblies

We apologise for any recent confusion regarding school assemblies. The school is still operating under modified operational arrangements, with density limits in place for internal and external events/gatherings.

Unfortunately, we are unable to proceed with face to face full parent attendance with assemblies in the hall at this stage.

Next week, is our nominated assembly week. When the agenda is confirmed we will invite parents/carers on a rotational system. In the meantime we hope that we might be able to host assemblies in the hall next term. Updates will be provided through the newsletter.

Anaphylaxis & Allergies

There are students across the school who may suffer from some form of reaction when exposed to certain food products. These reactions can vary from being mild through to be life threatening. Students are actively discouraged from sharing foods at all times as a pro-active precautionary strategy implemented across the school. To further reduce the risk to exposure, we ask that parents refrain from particularly including nut based products in school lunches where possible. We understand that it is not practical to ban all foods that my trigger an allergic reaction for students.

As always, this requires a common sense approach to help minimise exposure for affected students. If you child suffers from an allergy or has an epi-pen, we request that an up to date copy of their Allergy/ Anaphylaxis Plan is provided to the school as soon as possible. If you have any queries or concerns on this important matter, please don't hesitate to make contact with the main office on 59852864.

Wayne Whitworth

Principal

Tootgarook Primary School

If your child has any medical condition such as Asthma/Allergy/ Anaphylaxis, please ensure our office has been supplied with an up to date plan so that we may care for them in the best possible way in the event of an emergency. If you took medication home during remote learning please ensure it is brought back to the school office as soon as possible. A reminder that Medical action Plans need to be updated annually. Thank you.





















ASSITANT PRINCIPAL REPORT



To our Tootgarook families,

Thank you all that have handed back their expression for Interest on out Ski Camp.

If they could all be handed in at the latest by Tuesday 16th March.





Just a reminder that students should not be attending school before 8.30 am, due to staff not being available for supervision. If this isn't possible please enrol your children in Before/After School Care. Registration is free, and if you are eligible see the table of the fees on COMPASS.

CYBER BULLYING

There are some great educational resources for families to access in support of Cyberbullying. There are free webinars for parent and carers to learn how you can help your child develop the skills to be safer online

Please see some dates below for March: Tuesday 16 March 7.30 to 8.30 pm Wednesday 17 March 12.30 to 1.30 pm Wednesday 17 March 7.30 to 8.30 pm Thursday 18 March 3.30 to 4.30 pm Monday 22 March 12.30 to 1.30 pm



If you are interested in registering for a webinar and or further information on cyberbullying please click on the link below to register.

https://www.esafety.gov.au/parents/webinars

There is a great safety for kids that parents can support their children learning about safety. https://www.esafety.gov.au/kids



PE/SPORT





STUDENTS at Tootgarook Primary School are keen to participate in National Ride2School Day, Friday 19 March.

They are among about 350,000 students taking part in Australia's biggest bike riding party and the peak of the Ride2School program which helps children get their 60 minutes of daily exercise by riding a bike to school.

"National Ride2School Day is a fun way for students and parents to experience the joy of riding a bike," Bicycle Network's Anthea Hargreaves said. "There's no better time to make riding to school part of your routine.

"It's free and fun and can also help students perform better in the classroom. Studies have shown students who ride arrive at school energised, alert and more ready to learn."

Participation numbers in 2021 could receive a boost from the increased interest in bike riding, with a VicHealth survey finding more than one-in -four Victorian households with kids did more walking or bike riding during coronavirus than they did in January and February this year.

National Ride2School Day is a free event open to all primary and secondary schools in Australia. Schools that register for the day receive a resources pack, including posters, promotional material, stickers and a count sheet to tally the number of students who ride to school.

"National Ride2School Day is a great introduction to the wider program and can be the catalyst to creating a school of healthy, active students," Ms Hargreaves said.

Students won't just be doing it for themselves, with many schools also fundraising for World Bicycle Relief to send specially designed Buffalo Bicycles to villages in Africa.

Buffalo Bicycles give children in developing countries a way of getting to school safely and quickly. Without access to bikes many children miss out on an education or can be put in risky situations by riding to school.



RICH MORNING TEA









Students enjoying their RICH morning tea last Friday.





Sun Smart Policy, please note that all students will now need a broadbrimmed hat in order to be able to play in the playgrounds during Term 1 as UV levels begin to rise. Please see the website for the daily UV reading. https://www.tootps.vic.edu.au and scroll to bottom of page.

Request fort the First Aid rom: We are in desperate need of small size underwear for boys and girls as well as small size shorts and pants. If your child has used some of these from the school please be kind enough to wash and return them as soon as possible.

Thank you



Hi my name is Sonia, I am the family school worker employed by Anglicare working at Tootgarook Primary School 5 days a week.



Please feel free to drop in and see me and or say hello.

As a family school worker my role is to provide support to families and their children to strengthen family wellbeing.

I can provided support to families in many different areas including home visits to families who I am unable to see at the school.

I always work with families in respect of confidentially and privacy as the fundamental base my work.

Contact details: Email: sonia.sutcliffe@anglicarevic.org.au Mobile: 0499 078 770













