

TOOTGAROOK TELEGRAPH

Weekly newsletter of

TOOTGAROOK PRIMARY SCHOOL

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CALENDAR

Friday 24 th & Monday 27 th Feb	-	Beach Program Continues
Tuesday 28 th February	-	Iron Person event Gr 3-6
Saturday 25 th February	-	Tootgarook Market Gr 1A + 1P
Tuesday 21 st March	-	Grade 3 & 4 Environment Week Excursion
Monday 20 th - Wednesday 22 nd March	-	5/6 Urban Camp
Tuesday 28 th March	-	School Photo Day



Tootgarook Primary school is in the process of working through the four components of the KidsMatter Framework. KidsMatter is an Australian mental health and wellbeing initiative set in primary schools and early childhood education and care services. It's unique because it brings together

all the most important people in a child's life - especially families!

Research clearly shows that children who are mentally healthy are better able to meet life's challenges. They are also better learners and have stronger relationships.

Good mental health in childhood lays the foundations for the future, and it is never too early for families to start supporting the mental health of children.

KidsMatter is a framework that helps these places take care of all their mental health needs by focusing on:

- *creating positive school and early childhood communities*
- *teaching children skills for good social and emotional development*
- *working together with families*
- *recognising and getting help for children with mental health problems.*

If you have any further questions or would like to discuss KidsMatter further, feel free to get in touch with the KidsMatter Team, view a short video

'Welcoming Families to KidsMatter Primary' https://youtu.be/qVW_4pVMegE


or view the KidsMatter website at <http://www.kidsmatter.edu.au/families>

A survey will be coming home to a group of randomly selected Families this week. Please fill in and return as soon as possible to the office. Thank you

SCHOOL INSURANCE

Many parents are often surprised to learn that students are not automatically covered for accidents or injuries that occur in Victorian government schools. In consideration of this, our school is very fortunate to have facilities that are maintained to a high standard as well as established practices that support the wellbeing of all students. Our aim to ensure our Sick Bay is now covered by a registered nurse is a more recent example of this high level of care. However, when an accident does occur at school that results in parents needing to seek medical attention for their child/ren, unfortunately the cost of this medical care must be covered by the parent/s.

There are several private companies in the market who offer personal insurance schemes for students whilst at school. Parents who are concerned about this matter, may elect to explore their own 'student cover' policies online. (As you can appreciate, the school is not in a position to provide the details of individual brokers in this instance).

Lunch for Everyone  will begin on Wednesday 1st March with Pasta Bake, permission slips will be sent home each Thursday and must be returned by 3.30pm each Monday.



NO FORM, NO FOOD.

(Forms signed by the parents ensure that students with allergies are not accidentally served food that may make them ill)

There will be a \$2.00 charge per lunch commencing this year to sustain the Lunch for Everyone  program.

A very BIG Thankyou to the parents that volunteer their time each week to provide a hot meal for all students.

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Reminder to some parents who purchased their own books that there is an **Essential Educational Items amount of \$90.00 + \$10.00 Bus Levy owed to the school** – these items cover: Mathletics & Reading Eggs materials and subscriptions of which the school has already paid – Life Education – program, booklet and support materials and Subject Consumables: Art supplies, Library books, printing etc. – **as these fees were due on Book Selling Day – 30th January 2017 they are now overdue and payment is required to be finalised by Friday 10th March 2017.** Please call at the office to arrange payment – thank you!

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2017

Water Safety Program





Student of the Week

Students will be presented with certificates at next Thursday afternoon's assembly.



Prep P – Mrs Perkin – Zac Boyle-Vella – for his outstanding listening skills at assembly. You showed respect by following the 6 L's. Well Done Zac!

Prep S – Mrs Read – Olivia Leydon – you have had a wonderful start to the year Olivia. You try your vest in all school activities and are a kind and helpful class member.

1A – Miss Arnold – Tess Gathercole - For being engaged during English sessions. Tess has shown great predicting skills when reading and is using the cued articulation actions well when spelling.

1P – Miss Perkins – Alicia Reeve - For her amazing number work in Maths this week. Alicia can easily identify the numbers that come before and after any of the teen numbers.

2B – Miss Boyd – Rhiannon Silvester – for using fantastic connectives and WOW words within her Big Write. Well done Rhiannon. Keep up the good work!

2L - Mrs Baird – Tahlia Thompson – always keen to learn and to contribute. She works hard in Maths and is happy to help others.

3H – Mrs Houston – Eden Romeril – For his outstanding effort in Mathematics. What a Maths Whiz!

3WB – Ms Walton & Mrs Bos – Tarkyn Silvester – For his admirable work ethic. Tarkyn has had a great start to the year. Well done.

4H - Ms Hone – Hani Mears – for her endless smiles and positive attitude! Thank you Hani for always acting responsibly and with Respect in 4H.

4P – Miss Pittard – Max McIntosh – for always being positive and helping out the teacher and your classmates at every opportunity. You act with integrity, are responsible and a pleasure to have in the classroom. Congratulations Max!

5/6H – Mrs Haddad - Emma Dingwall – For your outstanding work presenting our R.I.C.H school values. Emma you are a delight to have in our class!

5/6 K – Mr Kitchen – Austin Beagley – You superstar! Aussie, you always lead by example and work hard on whatever you do. Keep up the great work!

5/6M – Miss McGhee - Shelby Legh - For being a dedicated and enthusiastic Library monitor. Shelby has spent her recess and lunchtimes making sure our Library is immaculate. Well done on being such a fantastic Library monitor Shelby!

Art / Craft – Miss Davey – Jarvis Swaby – 5/6M – Jarvis, I am so impressed with your self portrait! I like the way you have considered perspective and proportion in your sketch. Well done!

Music - Mrs Young – Chloe Underwood – 5/6M – for an enthusiastic start to piano lessons, you were so keen, you asked for extra homework! What a great start!

P.E. – Mrs Burns – Leigh Rosowski 5/6M – You've been such a terrific help Leigh. Thanks for assisting me to set up the sports equipment early each morning. You're always smiling, even when it is so early!


Indonesian – Mrs Clements -



**Next Market is this
Saturday 25th February
1A & 1P rostered!!**

Please leave name at School Office if able to assist!

Thankyou to Carol Ann Bavage, Belinda Brundell, Joanne Finch, Paula Leonard & Josh, Cindy Penzo, Sue Arnold, Maria Carey, Kelly Driver and Alana White for your offers of help.






REGISTER NOW!

nab AFL Auskick

RYE AUSKICK
MONDAY 24th APRIL 2017
RYE FOOTBALL GROUND
4:15pm - 5:30pm

CONTACT: SCOTT 0400 064 198

AFLAUSKICK.COM.AU   



*****Interested In Netball*****

TOOTGAROOK NETBALL CLUB INVITES YOU TO JOIN OUR CLUB IN 2017.

JOIN US AT TOOTGAROOK RESERVE NETBALL COURTS ON WEDNESDAY NIGHT FROM 3.30PM, BRING YOUR RUNNERS, A DRINK BOTTLE AND \$50 FOR REGISTRATION.

BE A PART OF THE FUN AND EXPERIENCE A GREAT TEAM SPORT

*****Boys and girls welcome*****



GOLF DAY EVENT
Saturday 18th March 2017
The Dunes Golf Links
335 Browns Road, Rye VIC 3941

This Golf Day Event is organized by Tootgarook Pre-School Fundraising Committee

Golf options include the following:

- 18 Holes, cart hire, dinner and entertainment for \$120 from 12.30pm
- 9 holes, dinner and entertainment for \$70 from 1.30pm
- Dinner and entertainment for \$35 from 6pm

Drinks are available at bar prices.
 Live and silent auctions, entertainment and games.
 Prizes are all donated by our local businesses

For all bookings & enquiries please contact
 Trent: 0400 119 892
 Email: tootgarook.kin@kindergarten.gov.au

Fundraising Committee Tootgarook Pre-School
 24 Barry Street
 TOOTGAROOK VIC 3940



Neighbour Day 2017
Everyone Welcome!

FREE!

- FREE Devonshire Tea and Sausage Sizzle
- Face Painting Boomerang Painting
- Collect your free copy of 'Stories of Rosebud West'
- Free Sporting Activities - Local Clubs
- 1pm - Represent your school and join in our friendly Interschool Soccer Game
- Fun Activities to share with your Friends and Neighbours
- Prizes for the most creative "Get Active" costume. Parade at 12pm



Neighbour Day 2017
'Let's Get Active'

Sunday 19th March 2017 - 10am until 2pm
 Tootgarook Primary School, Carmichael Street, Tootgarook, 3941 Mel Ref: 169 D3

Enquiries: 5982 2204 or 0411 284 618

ATTENTION HEALTH CARE CARD OR PENSION CARD HOLDERS

The Department of Education + Training again this year offering the Camps, Sports and Excursions Fund of \$125 per child which is to be used towards school camps, sports and excursions.

CSEF eligibility will be subject to the parent/legal guardian's Centrelink Health Care Card (HCC) or Pension Card being eligible on **30th January** and successfully validated with Centrelink.

Application forms are available from the school office.

State Schools' Relief Prep CSEF uniform support is also available for Prep parents – an order form will be sent home to parents next week.

Welcoming families to KidsMatter Primary

What does it mean to be a KidsMatter Primary school?

We know that mental health and wellbeing is very important for children's learning and development. Children who are mentally healthy learn better, benefit from life experiences and have stronger relationships with their families, friends and school staff. KidsMatter Primary helps schools to support children's mental health and wellbeing by bringing together the important people in a child's life: their family, their school and the wider school community. KidsMatter Primary recognises that the members of a child's family are the most important people in their life, so the initiative provides information for families and encourages schools to involve families in planning and activities and provide opportunities for them to get to know each other.

Component 1: Positive school community

Helps schools to focus on building a positive school community where children, families and school staff feel like they belong, have a voice and can contribute to the school.

Component 2:

Social and emotional learning for students

Focuses on teaching students the social and emotional skills they need to develop friendships with peers and build strong relationships with their families and school staff. Component 2 also focuses on helping children to understand and respond appropriately to their own emotions and those of others.

Component 3:

Working with parents and carers

Focuses on helping families and schools work together to support children's mental health and wellbeing.

Component 4:

Helping children with mental health difficulties

Helps schools to focus on assisting children who are experiencing mental health difficulties and their families.

As mentioned in the video, schools work through four components on their KidsMatter journey. Each component focuses on a different area that research has shown to be important for children's mental health and wellbeing.



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How does KidsMatter Primary help the whole school community?

It's not just children who benefit from KidsMatter Primary. The whole school community benefits when schools make mental health and wellbeing a priority.

KidsMatter Primary helps families too. KidsMatter Primary schools build positive relationships with families so that they can work together to support children. A KidsMatter Primary school is also a place where families can connect with each other and seek support for their children's mental health and wellbeing.



Can I be involved in KidsMatter at my child's school?

Families are an important part of KidsMatter Primary and can be involved in many different ways. For example, planning and participating in school activities and providing valuable information about your child's mental health and wellbeing to school staff. These questions might be useful when talking to your child's school about KidsMatter Primary:

- Where is the school up to in its KidsMatter journey?
- How can I become involved in KidsMatter Primary at the school?
- Is there a parent representative on the Action Team? If so, who are they?
- How will my child be involved in KidsMatter Primary?
- What will KidsMatter Primary look like and how will it work at the school?
- Who can I talk to about my child if I have any concerns about their mental health and wellbeing?

The KidsMatter journey in a school

One of the first things that a school does when it starts KidsMatter Primary is to put together an Action Team that is responsible for coordinating KidsMatter Primary at the school. The Action Team consists of a diverse group of members of the school community, including families, who are encouraged to contribute to KidsMatter Primary at their school.

The Action Team will guide the school through a review of each of the four components. This involves surveying school staff and families to find out what's most important to them when it comes to supporting children's mental health and wellbeing. This information is then used to develop the school's KidsMatter Primary Action Plan, which includes strategies for sustained improvement over time.

Other resources

KidsMatter has a collection of online resources about children's mental health and wellbeing that parents and carers might find useful, including information about family relationships, managing children's behaviour and friendships in childhood:

www.kidsmatter.edu.au/families