



TOOTGAROOK TELEGRAPH

Weekly newsletter of

TOOTGAROOK PRIMARY SCHOOL

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Vision: Achieving personal excellence, empowering students in a supportive community.

Respect

Integrity

Celebration

Honesty

CALENDAR

Swimming each Wednesday Term 3 – Grade 5/6- 24th July – 18th September (no swimming 4th Sept)

Thursday September 5th - Literacy/ Numeracy Celebration Day (Book Week)

Friday September 6th - Yr 6 City/Art and Music day

Wednesday 11th September - Lunch for everyone- Spaghetti Bolognese

Friday 13th September - FUN RUN

Thursday 19th - Footy Day

Lunch For Everyone ♡ - Wednesday 11th September
Spaghetti Bolognese



ORDERS WILL BE CLOSED MONDAY EVENING
CONTACT THE OFFICE TUESDAY MORNING
UNTIL 9.15am

SunSmart Policy

Now that Spring has begun, it's time to get ready for the warmer days ahead and the higher UV levels that need to be considered whilst our students are outside. Over the next week, we would be grateful if you could check that your child has a SunSmart hat (or two!) in preparation for the compulsory wearing of hats during recess and lunchtime which will begin next term. Please ensure that these hats are clearly named, so that misplaced hats can be returned directly to students.



Father's Day Stall

Our annual Father's Day stall which was held on Friday 30th August, provided students with a great opportunity to purchase a gift for dad or someone special last weekend. Being such a busy week last week, we were particularly grateful to the many families who followed up with IOU's for gifts after the stall. Once again, we sincerely thank Julie Woulfe, Alyssa Lawry, Cherrie Dodson for all of their efforts in purchasing the gifts and coordinating the stall on the day. Another great team effort from the Tootgarook parents!

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Aiden Gathercole 2nd
1500m

Linea Estavaka 1st
Discus

Mia Karolidis 1st 100
2nd 200m

Marley Johnson 1st Discus

1st and 2nd placed
students now compete
at Zone



District Athletic Results
Congratulations to all competitors!



Cooking Pizza

On the 15th of August the people that were cooking in Itime made pizzas. First we cut up the vegetables so then we can put the vegetables on the pizzas. The second thing that we had to do was spread flour all over the bench to make sure

that the dough didn't stick to the bench. Then we rolled out the dough to make the pizza bases. After that we spread the pizza sauce on the bases and cooked them. Then we put the toppings on which were mushrooms, onions, cheese, capsicum, bacon, ham and salami. Then before assembly all of the 3/4s had 2-3 pieces of pizza and at the same time we had some presentations from 3/4H.

By Lexi , Holly and Ashton in 3/4B.

2 Ingredient Pizza Dough

Ingredients

1 ½ cups self raising flour

1 cup plain Greek Yoghurt

Method:

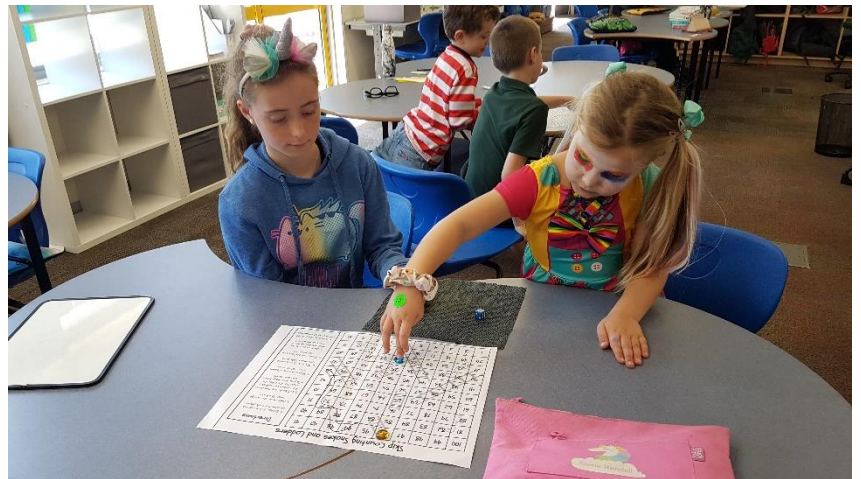
1.Mix flour and Greek yogurt together in a bowl; transfer to a work surface floured with self-rising flour. Knead dough, adding more flour as needed to keep dough from being too sticky, for 8 to 10 minutes.

2.Spray a 12-inch pizza pan with cooking spray and spread dough to edges of pan.



Book Week





Thinking Flexibly

"If you never change your mind, why have one?"

Edward deBono

It is important for children to understand that there is more one way to solve a problem. During Guided Inquiry this term, the students have been encouraged to think creatively and flexibly when solving problems and hearing others opinions. At Tootgarook Primary School we are motivating students to be confident in thinking 'outside of the box'.

Providing children with opportunities for play that stimulate their mind and their imagination builds and strengthens the synapses that are required for higher order thinking skills such as problem-solving, logical reasoning, organising and abstract thinking.

Activity for Home!

A school without...

Ask your children to imagine what they would see, hear, smell, taste, touch in...

A school without teachers...

A zoo without zookeepers...

A sporting team without coaches...

A shop without shopkeepers...

Or

Create your own with your child.

Encourage your child to think 'outside of the box'.

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5/6 SWIMMING PROGRAM

Term 3 2019

This timetable is the same for each swimming day.

Swimming will run in Weeks 2,3,4,5,6,7,9 & 10 (No week 8)

Please remember to send your child with the bathers and towel.



COMPASS Enhancements

Compass is continually making changes to improve their system. Recent changes are:

Absences notes: From the home screen you now have a link called 'Add Attendance Note' to add the absence.

The payment option to consent and use your CSEF is now available.

If these options do not appear on your phone, you will need to update the app



SPRING HAS SPRUNG, IN OUR FOUNDATION GARDEN

One of our Foundation classes enjoying their literacy lesson in the sunshine

Swimming for Prep children will begin in Term Four on Wednesday 16th October. The cost will be \$60 for eight lessons. A notice explaining the details will be on Compass CSEF is available on the app if eligible.



The Student Health Ambassadors are very excited to announce our healthy lunch recipe competition. We would like all of our Tootgarook families to submit a healthy recipe idea by the end of Term 4. They can be placed in the special box in the office. The winning recipe or recipes will be chosen by the SHA team. The Lunch for Everyone parents will then feature the winning recipe as a part of their program in Term 4. We will also put some of the recipes in the newsletter for you to try at home.

If you have any questions or concerns, please see Mrs Read.

Keep an eye out for the Healthy food posters that the student Health ambassadors have created.





Yummy Veggie Pancakes

Ingredients:

8 eggs

1 cup of Self Raising Flour

1 x cup of tasty cheese grated

1 x red capsicum finely chopped

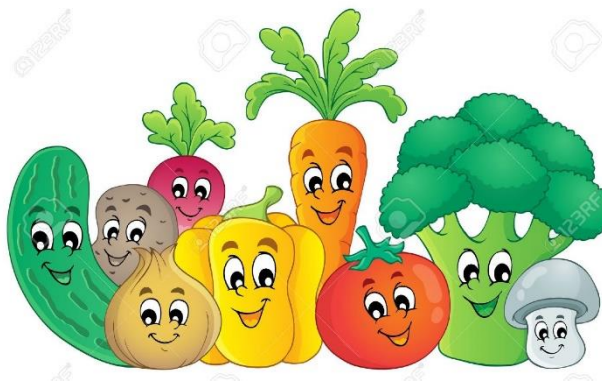
1 x carrot grated

1 x sweet potato grated

2 x grated zucchini grated, with excess liquid squeezed.

1 x cup frozen peas and corn

Salt and Pepper to taste



Method:

Beat the eggs

Add the flour, cheese and mix well

Add all the veggies to combine

Add cheese, salt and pepper if desired

Heat nonstick pan and spray with oil.

Make them big or small it is entirely up to you!

Serve with a garden salad

2020 foundation students

Please provide the following information when lodging your enrolment

1. Enrolment Form
2. Proof of Age – (Child's Birth Certificate)
3. Certificate of Immunization (School Entry Form)
4. Any other documents relevant to your child.



**CONFIRMATION OF ENROLMENT WILL BE MADE IN WRITING
BY THE END OF TERM 3, 2019**

Our 'Kinder to School' Transition Program "Leaping Into Learning" for our 2020 enrolled Foundation students will commence on Thursday 10th October at 9.15am – 10.45am for 6 weeks.



The Parent Information Morning for parents of our 2020 Foundation Students will be on Thursday 14th November after students have been signed in at "Leaping Into Learning". Morning tea will be served in

the kitchen following the meeting.




Thursday 19th September

Footy Pie/Sausage Roll Day.

Come dressed in your team colours for
Some fun Classroom Activities









Swimming for Foundation children will begin in Term Four on Wednesday 16th October. The cost will be \$60 for eight lessons.

notice explaining the details will be on Compass next week where you can give consent and pay. If

eligible CSEF can used for these lessons.



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EASTBOURNE VACATION CARE PROGRAM

Monday 23rd September – 4th October 2019

Eastbourne Primary School will conduct a Vacation Care Service during the next school holidays.

If you would like to enrol your children in the Holiday Program – please take note of the following:-

1. **Cost is \$55.00 per child per day. *With the introduction of the new Child Care Subsidy it is vital that all families have registered with Centrelink and have a copy of your new approved hours and percentage. If your approved hours are more than the number of hours you require you will be charged the full amount of \$55.00 for any additional hours. If you are unsure as to your eligibility or you have not yet registered your details please contact Centrelink direct on 136 150.***
2. Eastbourne Primary School has an EFTPOS facility, phone payments or direct payment into the school's bank account for any parents who wish to use this method of payment.
3. **Activities include Cape Schanck and Big Goose Excursion, Crazy Hair, Wheels Day, Pirate Tuesday, footy and Photo Booth and lots more.**

Forms are available from the schools website eastbourne.vic.edu.au or collecting them from the school office.

Thankyou

ATTENDANCE: All attendance must be entered onto Compass. Please ensure that if your child is absent or going to be late. That you record this on Compass prior to 9.00am

Bendigo Bank: School Banking
Bring your bankbook on **TUESDAYS**. If your new you can enrol at the Rye branch.



Coming Events



Monday	Tuesday	Wednesday	Thursday	Friday
September				
2 SEPTEMBER	3	4 Lunch for everyone District Athletics	5 Literacy and Numeracy Celebration	6 Year 6's City/Art & Music day
9	10	11	12 VSSS Rehearsal	13 Fun Run VSSS Rehearsal (Show 14 th Sept)
16 Cricket Aus coming in for lunch activities	17 Art & Music Festival	18 5/6 Swimming	19 Footy Day	20 LAST DAY OF TERM 3 2.30 FINISH
TERM BREAK				
October 7 Term 4 starts	8	9	10 Lions Quiz	11



Born to Move at MYC Gymnastics KinderGym & BabyGym programs

Do your children love to climb, balance, jump, swing and roll? If so, this is the program for you.

At KinderGym we love to do all those things and more. Come and join us.



These are the development areas that are important for little children:

- Brain Development
- Body Awareness
- Social interaction
- Vestibular stimulation
- Balance
- Core strength
- Fine motor skills
- Sensory system

KinderGym is a fun activity that is the foundation in movement for boys and girls of all ages and for all sports and physical activity. Gymnastics teaches participants how to move, roll, jump, swing and turn upside down. MYC Gymnastics begin these progressions at the age of 4 months. All activities are modified for the age and the ability of the participant and run by qualified coaches.

These early activities lead onto the Gymnastics that we all love to watch at the Olympics. It is an exciting activity and sport for its unique contribution to general fitness, coordination, agility, strength, balance, speed and social interaction. It helps develop their whole body which is useful in other sports and activities.

The cost is \$ 170.00 per term for 45min classes and \$182.00 per term for 1hour classes. There is also a \$27.00 annual membership fee for MYC Gymnastics and \$30.00 registration /insurance fee

BabyGym \$10.00 per session pay as you come.

Our schedule of classes are on the website www.myc.gymnastics.org.au Just follow the links.



EXPLORER IS HER MIDDLE NAME

\$10
ALL TICKETS

DORA
AND THE LOST CITY OF GOLD

FAMILY FUN DAY
SUNDAY SEPTEMBER 15

10AM ACTIVITIES • 11AM SCREENING
GAMES • COLOURING STATION • FACE PAINTING • MORE