



TOOTGAROOK TELEGRAPH

Weekly newsletter of

TOOTGAROOK PRIMARY SCHOOL

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Vision: Achieving personal excellence, empowering students in a supportive community.

Respect

Integrity

Celebration

Honesty

CALENDAR

Swimming each Wednesday Term 3 – Grade 5/6- 24th July – 18th September (no swimming 4th Sept)

Monday 22 nd July	-	School Council Meeting @ 6.00pm
Wednesday 24 th July	-	VSS19 Rehearsal Melbourne
Saturday 27 th July	-	Market
Wednesday 31 st July	-	5/6 Swimming
Wednesday 7 th Aug	-	5/6 Swimming
Wednesday 14 th Aug	-	5/6 Financial Incursion

WELCOME BACK TO TERM 3

We would like to take the opportunity welcome back all members of our wonderful school community for the start of Term 3. I hope everyone had a restful and relaxing break, with a chance to "recharge" for another busy Term ahead at Tootgarook

Some major events to look forward to over the course of the Term include our Annual Ski Camp at Mt Buller in August, Athletics for grades 3-6, Swimming Yr 5/6, City Art and Music Day Yr 6's, Music Festival and Victorian State School's Spectacular in September.



Tootgarook Community Market will be held on Saturday 27th July with Foundation N & R rostered on – if you are able to assist on that day please contact the school office.

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SCHOLASTIC BOOK CLUB

The Book club brochure has been distributed to all students (spare copies are available at the office) Please return to school by Friday the 26th of July.

2019 Parent Opinion Survey – Sample Text for School Newsletter

WE WANT OUR PARENTS TO TELL US WHAT THEY THINK!

Our school is conducting a survey to find out what parents think of our school. The Parent Opinion Survey is an annual survey offered by the Department of Education and Training that is conducted amongst a sample of randomly selected parents. It is designed to assist schools in gaining an understanding of parents' perceptions of school climate, student behaviour and student engagement. Our school will use the survey results to help inform and direct future school planning and improvement strategies.

Approximately 30 per cent of parents will be invited to participate in this year's survey. All responses to the survey are anonymous. This year the Parent Opinion Survey will be conducted from **Monday 22nd July to Sunday 11th August**.

The survey will be conducted **online**, only takes **10-15 minutes** to complete, and can be accessed at any convenient time within the fieldwork period on desktop computers, laptops, tablets or smartphones. The online survey will be available in a range of languages other than English. These include: Arabic, Vietnamese, Mandarin, Chin (hakha), Hindi, Japanese, Greek, Turkish, Somali and Punjabi.

The survey results will be reported back to the school at the end of September. Last year we used the survey results to plan Please speak to your child's teacher if you would like more information.

parenting*ideas

The Anxious Kids Seminar is coming to the Mornington Peninsula

Society is in the grip of an anxiety epidemic. One in fourteen kids are diagnosed with an anxiety disorder, and many more go unnoticed. Parents and teachers play a critical role in helping kids to recognise and manage their anxious feelings.

Parenting expert, award-winning speaker and author of 11 books Michael Grose, together with wellbeing expert and researcher Dr. Jodi Richardson will be touring across Australia and New Zealand to present their evidence-based approach to managing kids' anxiety. Here they will speak about the tools and strategies for helping children outlined in their recently released and highly acclaimed book *Anxious Kids*.

Who is this seminar for?

This seminar is ideal for parents, carers, teachers and other professionals who work with children.

You can learn:

- The origins of anxiety and how it impacts on children and teens
- How to respond constructively when a child or teen is anxious
- Tools to teach kids to help regulate their anxiety
- The lifestyle factors you can enhance to minimise anxiety
- Why avoidance of anxiety-inducing events is not the answer and what to do instead
- How to create a wellbeing plan for your child or young person

Anxious Kids Seminar Tour

Date

**Thursday
1 August 2019**

Time

7pm - 9pm

Location

**Rosebud Secondary College,
245 Eastbourne Rd, Rosebud**

Tickets

 **\$39.95**



For more information and tickets visit:

www.parentingideas.com.au/anxious-kids-seminar-tour



5/6 SWIMMING PROGRAM

Term 3 2019

This timetable is the same for each swimming day.
Swimming will run in Weeks 2,3,4,5,6,7,9 & 10 (No week 8)

Please remember to send your child with the bathers and towel.

Class Group:	Bus leaves school:	Start lesson:	Finish lesson:	Bus leaves Pool
Group 1-	12:4pm –	1:00pm	1:30pm	1.50pm
Group 2	1:10pm	1:30pm	2:00pm	2:00pm
Group 3-	1:40pm	2:00pm	3:30pm	2:45pm

There are 4 Groups for 5/6 Swimming but due to the VSSR. There will be 3 groups this week.

A reminder for parents to please label all your child's belongings i.e. drink bottles, lunch boxes, jumpers etc. so they can be returned if misplaced. Thankyou!!

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Lunch For Everyone ♡ - Wednesday 24th July



PIZZA MUFFINS

CONSENT WILL BE ON COMPASS.

ORDERS WILL CLOSE MONDAY EVENING

CONTACT THE OFFICE UNTILL 9.15AM

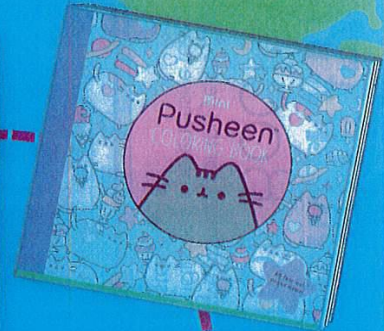
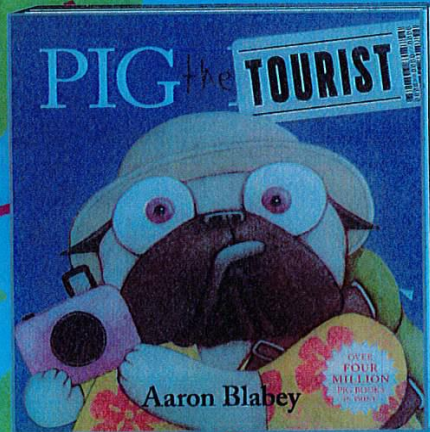
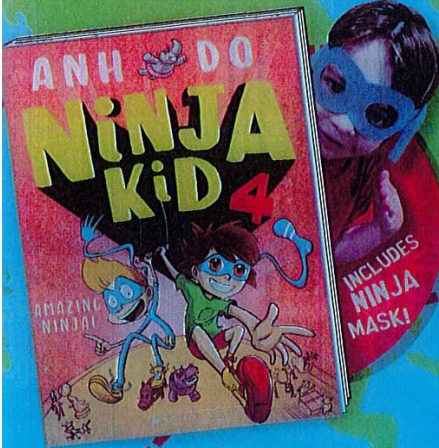
LATE ORDERS WILL NOT BE ACCEPTED



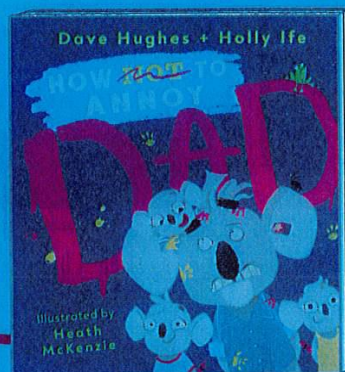
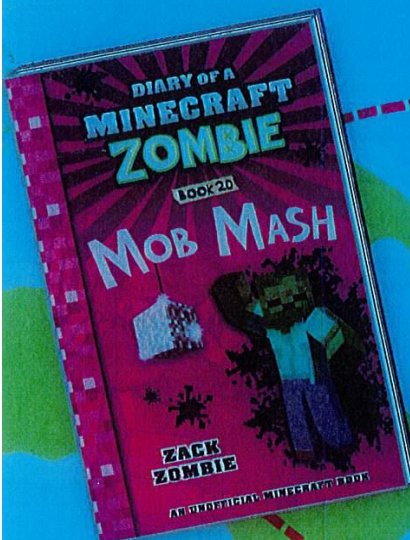
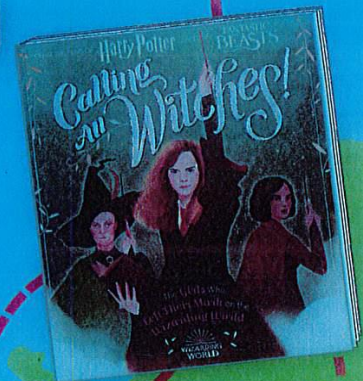
ISSUE
5
TERM 3
2019

Book Club

PULL OUT POSTER
Hang me
up in your
classroom!



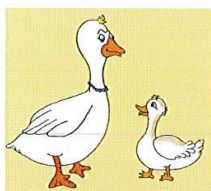
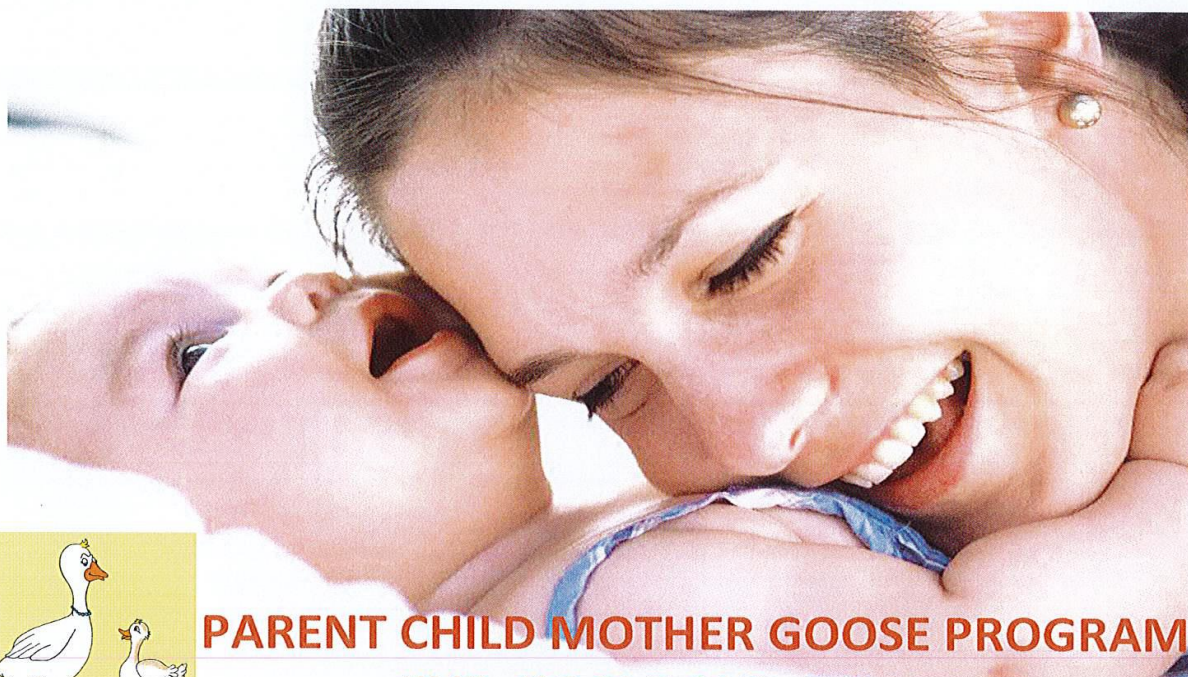
Reading can
take you
anywhere!



WANT TO BE A UNICORN,
SUPERHERO OR NINJA?

Find dress up ideas for your favourite
book characters in Issue 5!

SCHOLASTIC



PARENT CHILD MOTHER GOOSE PROGRAM JIVE, JIGGLE AND JUMP PROGRAM

Details:

When:

Wednesday mornings
Please call for times

Where:

10 Carmichael Street
Tootgarook

Cost:

FREE

To Book:

Parents/Caregivers phone:

Simone Kendall
Ph: 5971 9100
(Peninsula Health)

Family Life and Peninsula Health Children's Services Team together bring you:

Parent Child Mother Goose Program,

For babies/toddlers 0-2 years and their carers.

Jive Jiggle and Jump Program,

For children aged from 2yrs up to 4 years and their carers.

We invite you to come along and enjoy the benefits of this **FREE** program:

- Enjoy rhymes, songs and stories with your child.
- Find new ways to enjoy being together with your child.
- Learn new ways to cope, gain skills and confidence with your child.
- Meet other parents with young children from the Southern Peninsula.
- Support your child's communication, social and play development

Parents have said:

"A great program that supports both parent and child"

"Welcoming, a fun time to share together"



Peninsula
Health

Building a **Healthy**
Community, in Partnership



Transforming
lives for stronger
communities



Coming Events



JULY				
Monday	Tuesday	Wednesday	Thursday	Friday
15 Welcome Back Term 3	16	17	18	19
22	23	24 5/6 Swimming VSSS Rehearsal	25	26
29	30	31 Lunch for everyone 5/6 Swimming	AUGUST 1	2
5	6	7	8	9